

Educational Goals

1. To provide the current, hard scientific evidence that Chi-Aura Integration, as an energy medicine method, is a viable tool in treating many health conditions, as well as demonstrating the relationship and effectiveness of specific Chi-A techniques and their usefulness in Acupuncture.
2. To provide direct, hands on experience using Chi-Aura Integration's specific hand positions and unique techniques that will improve the emotional and physical health issues of the diplomates. This experience will serve to verify that Chi-Aura Integration is a useful tool for acupuncturists.
3. To teach specific techniques that help develop the "Awakened Mind State". This skill of using all four brain waves of Beta, Alpha, Theta, and Delta, while conscious, is a profound state that develops an ability to increase the effectiveness of entrainment that assists clients in relieving physical and emotional pain.

Learning Objectives

1. The diplomate will be able to perform the specific Chi-Aura Integration hand positions and techniques that comprise effective additions to a traditional acupuncture treatment.
2. The diplomate will be able to place their hands on specific acupoints, and other parts of the body, to release muscle tension and induce the relaxation response. This will assist the effectiveness of the needling techniques employed.
3. The diplomate will be able to list specific scientific data, knowledge of which enhances their effectiveness as an acupuncturist.
4. The diplomate will be able to list their personal inner signals that inform them when to change or modify the acupuncture treatment protocol being used.
5. The diplomate will be able to lower both their heart rate and number of breaths per minute by doing the Chi-Aura Integration Relaxation Response technique taught in the course. This displays their ability to enter the relaxation response which entrains the client and helps them enter the same state.