

**Educational Goals**

1. To provide the current, hard scientific evidence that Chi-Aura Integration, as an energy medicine method, is a viable tool in treating many health conditions, as well as demonstrating the relationship and effectiveness of specific Chi-A techniques and their usefulness in the nurse/patient relationship.
2. To provide direct, hands on experience using Chi-Aura Integration's specific hand positions and unique techniques that will improve the emotional and physical health issues of the nurses on course. This experience will serve to verify that Chi-Aura Integration is a useful tool for nurses in their therapeutic relationship to patients.
3. To teach specific techniques that help develop the "Awakened Mind State". This skill of using all four brain waves of Beta, Alpha, Theta, and Delta, while conscious, is a profound state that develops an ability to increase the effectiveness of entrainment that assists clients in relieving physical and emotional pain.
4. To teach specific Chi-Aura Integration techniques that will elicit the relaxation response in nurses, thus giving them the ability to teach these skills to their patients. This promotes self healing in patients, and gives them both the confidence and competence to self-care.